



Test Taking Tips



Before the Test

- Get plenty of exercise to remain alert, increase energy and think clearly.
- Get a good night's sleep
- Avoid rushing on the morning of your test. Have your clothes and materials ready the night before.
- Get a good night's sleep
- Arrive early
- RELAX your mind before beginning



During the Test

- Read/listen to instructions carefully
- Don't be distracted by other test-takers in the room
- Don't fall into the trap of looking for patterns in the answer. There really can be three (or more) "C" answers in a row.
- Examine every answer choice before choosing your answer
- Always check your work
- Believe in yourself!

