



## Ari Guiragos Minassian School February Lunch Menu 2010



Monday	Tuesday	Wednesday	Thursday	Friday
<b>1</b> Potato Soup/meat, Pilaf, salad, fresh fruit, milk	<b>2</b> Hot dog on a bun, French fries, veggies, Fresh fruit, milk	<b>3</b> Chicken Kebob, Pilaf, salad, fresh fruit, milk	<b>4</b> Meatball Soup , Pilaf, Salad, Fresh fruit, Milk	<b>5</b> Cheese/pepperoni pizza, Salad, Popsicle, Milk
<b>8</b> Hamburger, Cheese, French Fries, Salad, Fruit, Milk	<b>9</b> Chicken & Mashed Potato, Salad, Fruit, Milk	<b>10</b> Spaghetti with meat Sauce, Bread, Salad, fruit, Milk	<b>11</b> <b>No School</b>	<b>12</b> <b>No School</b>
<b>15</b> <b>No School</b>	<b>16</b> Meatball Soup , Pilaf, Salad, Fresh fruit, Milk	<b>17</b> Deli sandwich, Veggies, Cookie, Apple juice	<b>18</b> Loule Kebab, Pilaf, Salad Fresh fruit, Milk	<b>19</b> Cheese/pepperoni pizza, Salad, Popsicle, Milk
<b>22</b> Chicken Nugget French Fries Salad, Milk, fresh fruit,	<b>23</b> Cheese and sausage boreg, Noodle soup, Veggies, Milk	<b>24</b> Lahmajoun, Veggies, Fresh fruit, Milk	<b>25</b> Chicken Shawarma, Lettuce and tomato in pita bread, Fresh Fruit, Milk	<b>26</b> Dolma/Sarma, Yogurt, Apple juice

\*Meal pattern is based on USDA Child Nutrition recommendations.

\*Meals are free of nut products.