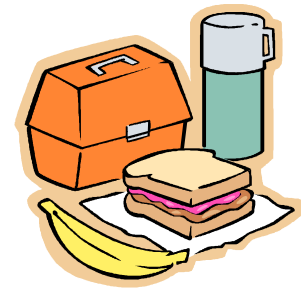




Ari Guiragos Minassian Armenian School Lunch Menu May 2010



Monday	Tuesday	Wednesday	Thursday	Friday
3 Hamburger, Cheese, French Fries, Salad, Fruit, Milk	4 Spaghetti with meat Sauce, Bread, Salad, fruit, Milk	5 Beef Shawarma, lettuce, tomato, in pita bread, Fresh fruit, Milk	6 Chicken & Mashed Potato, Salad, Fruit, Milk	7 Dolma/Sarma, Yogurt, Apple juice
10 Grilled Chicken Burger, French Fries, Salad, Fresh fruit, Milk	11 Meatball Soup , Pilaf, Salad, Fresh fruit, Milk	12 Deli sandwich, Veggies, Cookie, Apple juice	13 Loule Kebab, Pilaf, Salad Fresh fruit, Milk	14 Cheese/pepperoni pizza, Salad, Popsicle, Milk
17 Chicken Nugget French Fries Salad, Milk, fresh fruit,	18 Cheese and sausage boreg, Noodle soup, Veggies, Milk	19 Lahmajoun, Veggies, Fresh fruit, Milk	20 Chicken Shawarma, Lettuce and tomato in pita bread, Fresh Fruit, Milk	21 Dolma/Sarma, Yogurt, Apple juice
24 Potato Soup/meat, Pilaf, salad, fresh fruit, milk	25 Hot dog on a bun, French fries, veggies, fresh fruit, Milk	26 Chicken Kebob, Pilaf, salad, fresh fruit, Milk	27 Meatball Soup , Pilaf, Salad, Fresh fruit, Milk	28 No School
31 No School				

*Meal pattern is based on USDA Child Nutrition recommendations.
*Meals are free of nut products.

**Ari Guiragos Minassian Armenian School
Lunch Menu
May 2010**